

WellBeing Fair Exhibitors

At the Radisson Blu Hotel on Saturday 8th September

Active Chiropractic Clinic	20	Life Counselling	2
Active Ergonomics	21	Life Energy	9
Arts In Mindfulness	12	Nartaka Therapies	4
Buddies Jersey	17	Neal's Yard Jersey Consultant	18
Cambridge Weight Plan with Jackie Black	14	Peter Johns Chiropractor	16
Chillax Area	27/28/29	Setareh Yurts	10
De Gruchy's Funeral Care	19	Simon Dallas-Chapman	22/23
Feathers Healing	6/7/8	The Loving Chair Company	24
Fit Body Jersey	30	Together with Angels	15
Fully Present Energy Healing	25	Two's Company	17
Health Point Clinic	3	Vero Health & Wellbeing	1
Janice Cooke	5	WellBeing World	26
Lido Wellness Centre	1	Yogipedz	11

Autumn WellBeing Fair – Preview Day Talks

All talks are free of charge to attend.

The Fair will open on the Saturday with the beautiful sounds of Naomi West, Flutist from 11am to 11:30am.

This will be followed by a great line up of Talks:

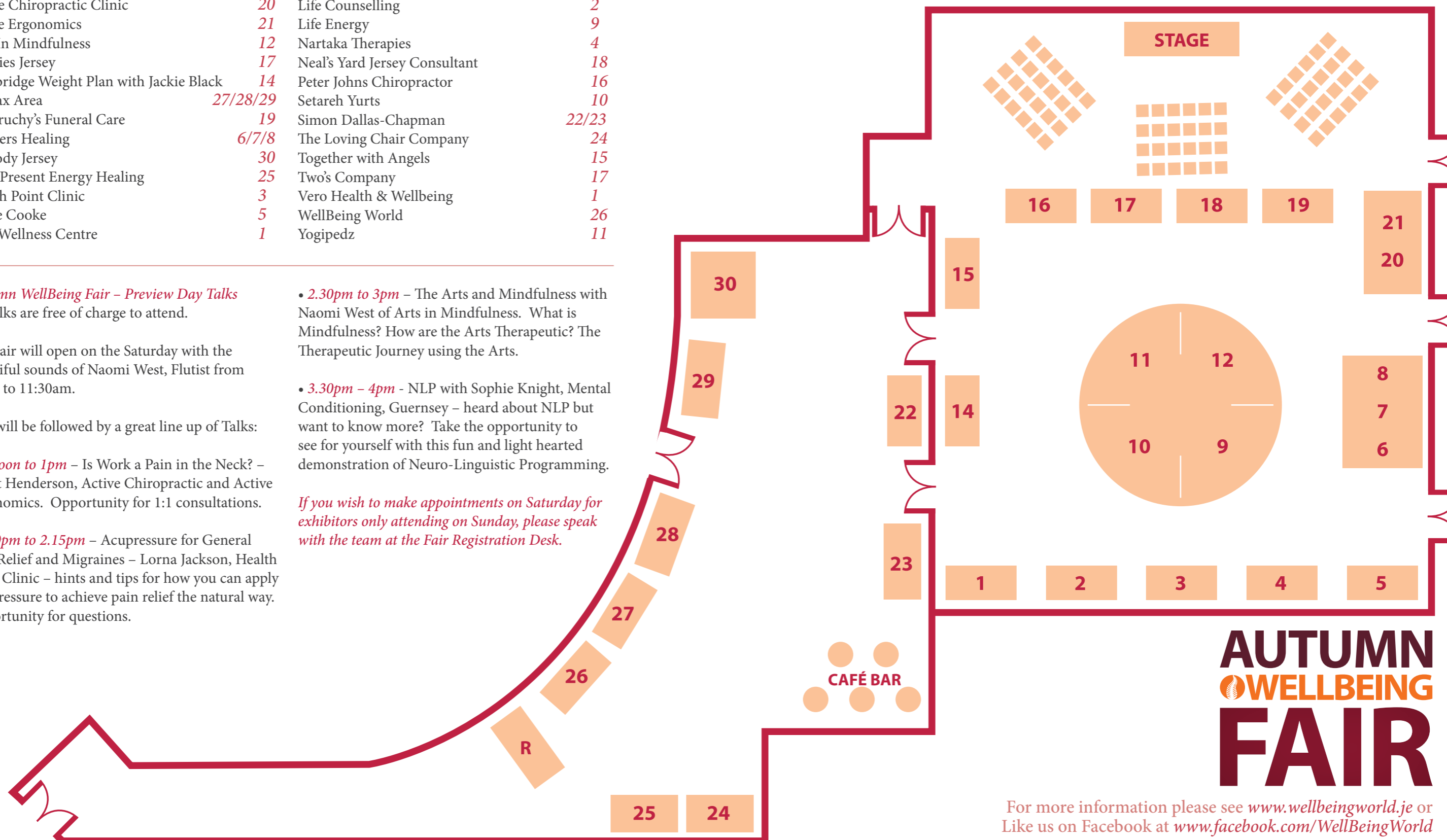
• **12noon to 1pm** – Is Work a Pain in the Neck? – Grant Henderson, Active Chiropractic and Active Ergonomics. Opportunity for 1:1 consultations.

• **1.30pm to 2.15pm** – Acupressure for General Pain Relief and Migraines – Lorna Jackson, Health Point Clinic – hints and tips for how you can apply Acupressure to achieve pain relief the natural way. Opportunity for questions.

• **2.30pm to 3pm** – The Arts and Mindfulness with Naomi West of Arts in Mindfulness. What is Mindfulness? How are the Arts Therapeutic? The Therapeutic Journey using the Arts.

• **3.30pm – 4pm** - NLP with Sophie Knight, Mental Conditioning, Guernsey – heard about NLP but want to know more? Take the opportunity to see for yourself with this fun and light hearted demonstration of Neuro-Linguistic Programming.

If you wish to make appointments on Saturday for exhibitors only attending on Sunday, please speak with the team at the Fair Registration Desk.



AUTUMN WELLBEING FAIR

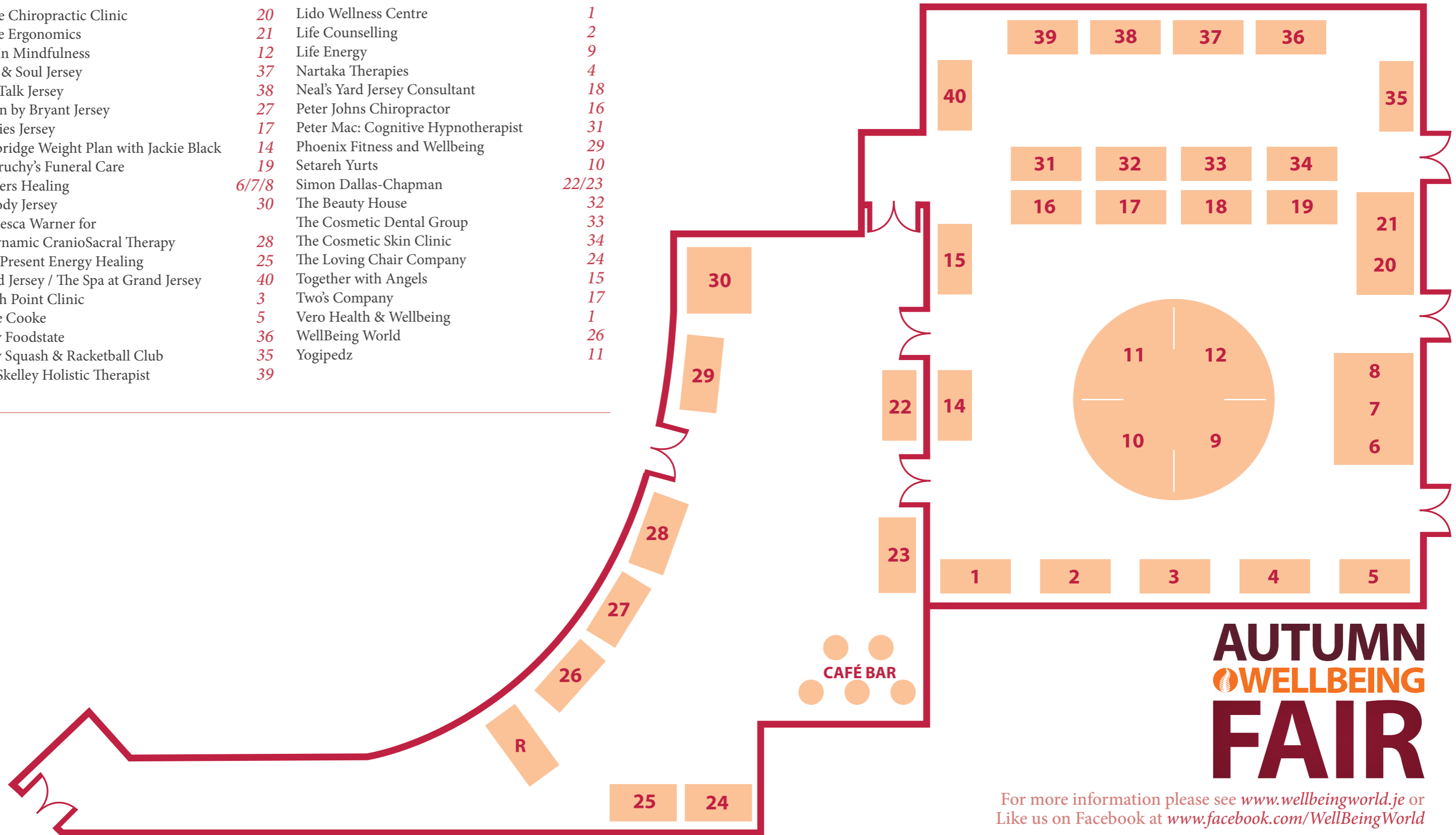
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Disclaimer: Please note that WellBeing World Limited is not responsible for the views and actions of individual exhibitors. All exhibitors are qualified to practice in their own fields of expertise. If in doubt, please consult with a medical practitioner before acting on any health advice received.

WellBeing Fair Exhibitors

At the Radisson Blu Hotel on Sunday 9th September

Active Chiropractic Clinic	20	Lido Wellness Centre	1
Active Ergonomics	21	Life Counselling	2
Arts In Mindfulness	12	Life Energy	9
Body & Soul Jersey	37	Nartaka Therapies	4
BodyTalk Jersey	38	Neal's Yard Jersey Consultant	18
Bowen by Bryant Jersey	27	Peter Johns Chiropractor	16
Buddies Jersey	17	Peter Mac: Cognitive Hypnotherapist	31
Cambridge Weight Plan with Jackie Black	14	Phoenix Fitness and Wellbeing	29
De Gruchy's Funeral Care	19	Setareh Yurts	10
Feathers Healing	6/7/8	Simon Dallas-Chapman	22/23
Fit Body Jersey	30	The Beauty House	32
Francesca Warner for		The Cosmetic Dental Group	33
Biodynamic CranioSacral Therapy	28	The Cosmetic Skin Clinic	34
Fully Present Energy Healing	25	The Loving Chair Company	24
Grand Jersey / The Spa at Grand Jersey	40	Together with Angels	15
Health Point Clinic	3	Two's Company	17
Janice Cooke	5	Vero Health & Wellbeing	1
Jersey Foodstate	36	WellBeing World	26
Jersey Squash & Racketball Club	35	Yogipedz	11
Julie Skelley Holistic Therapist	39		



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